



**HOLY TRINITY**  
**Church of England Academy**

**Sports Premium Strategy 2022/2023**

**Proposed Allocation of Sports Premium Grant 2022/2023**

The government is providing funding to schools to improve provision of physical education (PE) and sport in primary schools.

The premium is spent on making additional and sustainable improvements to the provision of PE and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles. This means that schools should use the premium to:

- ☐ develop or add to the PE and sport activities that the school already offers
- ☐ make improvements now that will benefit pupils joining the school in future years
- ☐ give pupils the opportunity to develop a healthy, active lifestyle

It is expected that schools will see an improvement against the following 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

**How much is the Sports Premium Grant?**

Allocations for the academic year 2022/2023 were calculated using the number of pupils in Years 1 to 6 and those age 5 in Reception, as recorded at the January census. At Holy Trinity, we have received £18100

The table below outlines details of the planned use of the Sports Premium Grant against these key indicators. The impact of each school focus will be reviewed in July 2023.

Target area	Cost Details	Potential Impact	Measured Impact
Focus on Healthy Eating and Lifestyle	<b>£600</b>	Children of all ages to be introduced to different types of foods. To be encouraged to eat different types of food. Parents to be encouraged to cook unprocessed food using fresh fruit and vegetables.	Pupils in KS2 have participated in healthy eating workshops. Here the pupils developed their knowledge and understanding around food groups, making healthy eating choices and simple cooking skills. They had the opportunity to explore and try new foods.  Potential follow up ideas include running parent and pupil cooking clubs next academic year to ensure this is embedded and developed further.
Ingredients cost for Cookery Club	<b>£150</b>		
Cookery After School club cost to run	<b>£275</b>		
Morning Activity Club	<b>£1500</b>	Daily Get Active Club	1 20 minute session at the start of the school day.  Increased punctuality and attendance at Breakfast Club.
Motor Skills Lunch Time Group Key Stage One and Two. (two to three times per week) Identified pupils who need to develop their spatial awareness, perceptual skills, i.e. visual, sequence, hand/eye, foot/eye co-ordination, body balance and memory.  Netball Lunchtime Club	<b>£3000</b>	Pupils will increase their confidence, self-esteem and become aware of their own personal strengths. Pupils will have more opportunities to take part in team games and develop skills that will become not only transferrable to PE but also when playing outside within their peer group.	1/2 Pupils, who have participated in the motor club, have made noticeable improvements in both their gross and fine motor skills including fundamental movements, coordination and balance. Their social and collaboration skills have also improved.

<p>After School Clubs</p> <p>Football(girls and boys)</p> <p>Rugby</p> <p>Multi Skills</p> <p>Yoga</p> <p>Athletics</p> <p>Basketball</p> <p>Dodgeball</p> <p>Running</p> <p>Dance</p> <p>Cheerleading</p> <p>Gymnastics</p> <p>Cricket</p> <p>Golf</p> <p>Tennis</p>	<b>£3000</b>	<p>Provide pupils with opportunities to develop personally, socially and physically through participating in extra- curricular activities in a safe, challenging and enjoyable environment. Enable pupils to take responsibilities for organization and development of their learning.</p>	<p>4 - Pupils in KS1 and KS2 have had the opportunity to explore and develop new skills through attending a range of extra curricular activities including; Football, Rugby, Athletics, Hockey, Basketball and Netball a new Dance club was also introduced.</p> <p>5 - Children, who took part in extra-curricular clubs in Hockey, Rugby took part in competition with other schools.</p>
<p>Relax for Kids</p>	<b>£1500</b>	<p>Mindfulness is a form of meditation. It is simply 'awareness' or 'paying attention on purpose'. The main aim of our mindfulness techniques is to help our children calmly acknowledge and accept their feelings, thoughts and bodily sensations. In a rapidly changing modern world, this is a critical skill children need to learn. Used in collaboration with stories, the mindfulness techniques are used to nurture</p>	<p>1 – Children in KS2 developed awareness of mental health, understanding the physiology of their minds and how to be calmer in stressful situations.</p> <p>4 - During sessions children have practiced yoga activities</p>

		the whole child; physically, mentally and emotionally.	
Attendance at various sporting events in the area, including transport costs.	<b>£300</b>	Pupils to participate in a variety of interschool games, competitions and festivals. (Attendance at Basketball Tag Rugby and Netball Tournament) Greggs Cancer Run	5 – Children throughout school have taken part in sports day.  5 – Children in KS2/attendees of extra-curricular clubs have taken part in competitions within the local authority.
Extra swimming Lessons for Year 5 pupils.	<b>£2000 – Lessons</b>  <b>£2000-Transport</b>	To provide pupils in year 5 cannot swim or who have not achieved 25 meters in swimming the opportunity to access additional lessons to boost swimming ability and water confidence.	1 – 85% of children have achieved 25m in swimming while developing water confidence.
Additional PE Kit costs including Water Bottles for every child	<b>£1000</b>	Various items of PE Kit to allow pupil participation in PE lessons, interschool games, competitions and festivals.	.
Purchase of bikes /trikes for children in Early Years  Repairs to school bikes/trikes	<b>£3000</b>  <b>£250</b>	During the pandemic chn missed out on developing their fine and gross motor skill co-ordination.	1 – All children have been able to access PE learning no matter their economic barriers. All children have access to water everyday as a healthy choice.

PE Equipment	<b>£1500</b>	Playtime equipment – including foam flyers, balls, tossing rings, stompers and bead balls - Develop physical activity at break and lunch times. Ensure pupils have access to quality equipment to develop a range of skills during PE sessions and after school clubs.	<p>4 – Children have access to a huge range of equipment during play times, broadening their knowledge of available sport activities.</p> <p>1 – Children have taken part in break time focused physical activity sessions, improving children's awareness of fitness and increased their enthusiasm towards sport and exercise.</p> <p>1 – Children have been encouraged to participate in physical activity at break time, measuring their effort as part of the daily mile track.</p>
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### **Swimming and Water Safety**

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2, in particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Holy Trinity Church of England Academy delivers small cohort swimming lessons in Key Stage 2 as part of the Year 5 PE curriculum.