



HOLY TRINITY
Church of England Academy

Sports Premium Strategy 2022/2023

Proposed Allocation of Sports Premium Grant 2022/2023

The government is providing funding to schools to improve provision of physical education (PE) and sport in primary schools.

The premium is spent on making additional and sustainable improvements to the provision of PE and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles. This means that schools should use the premium to:

- ☐ develop or add to the PE and sport activities that the school already offers
- ☐ make improvements now that will benefit pupils joining the school in future years
- ☐ give pupils the opportunity to develop a healthy, active lifestyle

It is expected that schools will see an improvement against the following 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

How much is the Sports Premium Grant?

Allocations for the academic year 2022/2023 were calculated using the number of pupils in Years 1 to 6 and those age 5 in Reception, as recorded at the January census. At Holy Trinity, we have received £18100

The table below outlines details of the planned use of the Sports Premium Grant against these key indicators. The impact of each school focus will be reviewed in July 2023.

Target area	Cost Details	Potential Impact	Measured Impact
Focus on Healthy Eating and Lifestyle	£600	Children of all ages to be introduced to different types of foods. To be encouraged to eat different types of food. Parents to be encouraged to cook unprocessed food using fresh fruit and vegetables.	
Ingredients cost for Cookery Club	£150		
Cookery After School club cost to run	£275		
Morning Activity Club	£1500	Daily Get Active Club	.
Motor Skills Lunch Time Group Key Stage One and Two. (two to three times per week) Identified pupils who need to develop their spatial awareness, perceptual skills, i.e. visual, sequence, hand/eye, foot/eye co-ordination, body balance and memory. Netball Lunchtime Club	£3000	Pupils will increase their confidence, self-esteem and become aware of their own personal strengths. Pupils will have more opportunities to take part in team games and develop skills that will become not only transferrable to PE but also when playing outside within their peer group.	
After School Clubs Football (girls and boys) Rugby Multi Skills Yoga Athletics Basketball Dodgeball Running	£3000	Provide pupils with opportunities to develop personally, socially and physically through participating in extra- curricular activities in a safe, challenging and enjoyable environment. Enable pupils to take responsibilities for organization and development of their learning.	.

Dance Cheerleading Gymnastics Cricket Golf Tennis			
Relax for Kids	£1500	Mindfulness is a form of meditation. It is simply 'awareness' or 'paying attention on purpose'. The main aim of our mindfulness techniques is to help our children calmly acknowledge and accept their feelings, thoughts and bodily sensations. In a rapidly changing modern world, this is a critical skill children need to learn. Used in collaboration with stories, the mindfulness techniques are used to nurture the whole child; physically, mentally and emotionally.	
Attendance at various sporting events in the area, including transport costs.	£300	Pupils to participate in a variety of interschool games, competitions and festivals. (Attendance at Basketball Tag Rugby and Netball Tournament) Greggs Cancer Run	
Extra swimming Lessons for Year 5 pupils.	£2000 – Lessons £2000- Transport	To provide pupils in year 5 cannot swim or who have not achieved 25 meters in swimming the opportunity to access additional lessons to boost swimming ability and water confidence.	
Additional PE Kit costs including Water Bottles for every child	£1000	Various items of PE Kit to allow pupil participation in PE lessons, interschool games, competitions and festivals.	

Purchase of bikes /trikes for children in Early Years	£3000	During the pandemic children missed out on developing their fine and gross motor skill co-ordination.	
Repairs to school bikes/trikes	£250		
PE Equipment	£1500	Playtime equipment – including foam flyers, balls, tossing rings, stompers and bead balls - Develop physical activity at break and lunch times. Ensure pupils have access to quality equipment to develop a range of skills during PE sessions and after school clubs.	

Swimming and Water Safety

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2, in particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Holy Trinity Church of England Academy delivers small cohort swimming lessons in Key Stage 2 as part of the Year 5 PE curriculum.