



HOLY TRINITY Church of England Academy

Sports Premium Strategy 2019/2020

Proposed Allocation of Sports Premium Grant 2019 – 20

The government is providing funding to schools to improve provision of physical education (PE) and sport in primary schools.

The premium is spent on making additional and sustainable improvements to the provision of PE and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles. This means that schools should use the premium to:

- ☐ develop or add to the PE and sport activities that the school already offers
- ☐ make improvements now that will benefit pupils joining the school in future years
- ☐ give pupils the opportunity to develop a healthy, active lifestyle

It is expected that schools will see an improvement against the following 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

How much is the Sports Premium Grant?

Allocations for the academic year 2019/2020 were calculated using the number of pupils in Years 1 to 6 and those age 5 in Reception, as recorded at the January census. At Holy Trinity, we have received £17800+£6659.53 carry forward from last academic year.

The table below outlines details of the planned use of the Sports Premium Grant against these key indicators. The impact of each school focus will be reviewed in July 2020.

Target area	Cost Details	Potential Impact	Measured Impact
PE Sports Apprentice	£10,313 with on costs £12,013	PE Sports Apprentice	The quality of PE sessions increased due to our sports coach having a skilled apprentice. The assessment of P.E. was adapted and updated and the quality

			of after school clubs ran in house greatly improved. We were also able to free up other TA's to work in their specialized areas
Motor Skills Lunch Time Group Key Stage One and Two. (two to three times per week) Identified pupils who need to develop their spatial awareness, perceptual skills, i.e. visual, sequence, hand/eye, foot/eye co- ordination, body balance and memory.	£865.00	Pupils will increase their confidence, self-esteem and become aware of their own personal strengths. Pupils will have more opportunities to take part in team games and develop skills that will become not only transferrable to PE but also when playing outside within their peer group.	The children involved increased their confidence and self esteem. These transferable skills saw them develop not only in P.E. but in other areas of school life.
After School Clubs – Football Little Dribblers Gymnastics Rugby Fitness Club	£1240.00	Provide pupils with opportunities to develop personally, socially and physically through participating in extra-curricular activities in a safe, challenging and enjoyable environment. Enable pupils to take responsibilities for organization and development of their learning.	Children were able to develop specific skills involved in the sports provided as well as enjoying their participation in a range of sports.
Tranquil Treehouse After School Yoga	£1662.00	Yoga and Relaxation Regular exercise is an essential life skill children need to develop in order to stay happy and healthy. Yoga is an ancient form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing. It is an all-encompassing activity	Children were able to learn relaxation and calming techniques and this along with whole school initiatives helped impact the mental well-being of the children across the school.

		<p>which can stay with the children for many years. Our after school yoga club postures are a series of movements designed to increase strength and flexibility in children. Our yoga is an inclusive, non-competitive activity open to both sexes, all abilities and all ages.</p> <p>Tranquillity During our clubs tranquil time, we aim to let children just 'be'. We facilitate the process to allow children to be present, in the here and now, with clear, kind and relaxed minds. Our children's tranquillity practices are techniques that encourage and develop concentration, clarity and self-esteem. They are also a vehicle to calmly see the true nature of things. We practice visualisation which is used at the end of meditation in some of our classes.</p> <p>Mindfulness meditation Mindfulness is a form of mediation. It is simply 'awareness' or 'paying attention on purpose'. The main aim of our mindfulness techniques is to help our children calmly acknowledge and accept their feelings, thoughts and bodily sensations. In a rapidly changing modern world, this is a critical skill children need to learn. Used in collaboration with stories, the mindfulness techniques are used to nurture the whole child; physically, mentally and emotionally.</p>	
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Attendance at various sporting events in the area, including transport costs.	£109.80	Pupils to participate in a variety of interschool games, competitions and festivals. (Attendance at Basketball Tag Rugby and Netball Tournament)	Children experienced competitive sport and were able to sample live sporting venues. As we were not successful this year children also learnt important team skills and how to deal with defeat.
Booster Swimming Lessons for Year 6 pupils.	Transport £90.30 Lessons £330.00	To provide pupils in year 6 who have not achieved 25 meters in swimming the opportunity to access additional lessons to boost swimming ability and water confidence.	A further 3 children had reached 25m in year 6 until the sessions were cut short. We were aiming to get all year 6 to 25m. 19 out of 30 in the end.
Additional PE Kit costs including Water Bottles for every child	£95.00	Various items of PE Kit to allow pupil participation in PE lessons, interschool games, competitions and festivals.	Children were suitably hydrated to perform their activities at the highest possible standard.
PE Equipment	£1567.71	Playtime equipment – including foam flyers, balls, tossing rings, stompers and bead balls - Develop physical activity at break and lunch times. Ensure pupils have access to quality equipment to develop a range of skills during PE sessions and after school clubs.	Staff were able to provide a higher standard of lesson due to having the suitable equipment. Children were also able to further enjoy sports on the yard during break and lunch time.

Swimming and Water Safety

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2, in particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Holy Trinity Church of England Academy delivers swimming lessons in Key Stage 2 as part of the Year 5 PE curriculum.

Pupils travel by coach from school to Brinkburn Baths for weekly swimming lessons. The current cohort of 28 Year 6 pupils achieved the following:

- 17 pupils can swim competently, confidently and proficiently over a distance of at least 25 metres
- 14 pupils can use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)
- 14 pupils can perform safe self-rescue in different water-based situations.

Due to COVID-19 school was closed to most pupils from 23rd March until 1st June. Wider opening led to selected year groups returning, this impacted on the delivery of PE throughout the school as well as the total allocated spend. 2019/20 spend was £17959.81 meaning an underspend of £6499.72, had school been operating as normal this would have been used to fund Afterschool clubs, Year 6 swimming booster, attendance at local sporting events and participation with Hoops4Health for Spring Term.