



HOLY TRINITY Church of England Academy

Sports Premium 2016-2017

What is School Sports Premium Grant?

The Sports Premium Grant is additional funding from the Government to improve provision of physical education (PE) and sport in primary schools. It is also for improving the health and wellbeing of primary pupils.

How much is the Sports Premium Grant?

Allocations for the academic year 2016/17 are calculated using the number of pupils in Years 1 to 6 and those age 5 in Reception, as recorded at the January census. At Holy Trinity we will receive £8,830. The table below shows how we are spending the allocation.

Target area	Cost Details	Potential Impact	Measured Impact
Motor Skills Lunch Time Group Key Stage One and Two. (two to three times per week) Identified pupils who need to develop their spatial awareness, perceptual skills, i.e. visual, sequence, hand/eye, foot/eye co-ordination, body balance and memory.	£1,020	Pupils will increase their confidence, self-esteem and become aware of their own personal strengths. Pupils will have more opportunities to take part in team games and develop skills that will become not only transferrable to PE but also when playing outside within their peer group.	Pupils who attend the motor skills group participated in the KS2 Top Sportsability Festival. The pupils completed a range of games and events and achieved the bronze medal for the overall competition. All of these pupils who attended the festival have received support over the last two to three years for periods of time in our motor development group.
Hoops for Health - Newcastle Eagles Basketball Club in partnership with Eagles Community Foundation	£400.00	Pupils will have four hours coaching from a qualified level two professional coach based on healthy living themes. Pupils will participate in South Tyneside Hoops4Health Tournament.	Newcastle Eagles taught us about healthy eating, looking after their teeth and leading a healthy lifestyle. Children took part in some keep fit activities and learned about stretching and warming up. Many children also used free ticket attached and

			attended to basketball games with their family.
Affiliation Fees South Tyneside Primary Football Association	£80.00	KS2Pupils to participate in the FA Snowdon League against other local schools at Temple Park. To develop team spirit and pride through participation in competitions.	Participation in the FA Snowdon League. Sense of enjoyment, pride and achievement in representing the school.
Service Level Agreement with South Tyneside Schools Games	£2,250	Pupils to participate in a variety of interschool games, competitions and festivals. Staff CPD.	Increased participation, motivation and enjoyment in sport activities, games and events including inter-school competitions. Developed staff expertise including assessment system that integrates with whole school assessment system Target Tracer.
Foundation of Light	£1,980	To support and develop identified children's skills and abilities in sport. To develop team spirit, pride, preparation and training to participate in inter school games and competitions.	Children's skills, abilities and confidence developed. Increased physical activity. Participated in snowball league cup and other inter-school competitions and events.
Tranquil Treehouse	£2,156.00	<p>Yoga and Relaxation</p> <p>Regular exercise is an essential life skill children need to develop in order to stay happy and healthy. Yoga is an ancient form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing. It is an all-encompassing activity which can stay with the children for many years. Our after school yoga club postures are a series of movements designed to increase strength and flexibility in children. Our yoga is an inclusive, non-competitive activity open to both sexes, all abilities and all ages.</p> <p>Tranquillity</p> <p>During our clubs tranquil time, we aim to let children just 'be'. We facilitate the process to allow children to be present, in the here and now, with clear, kind and relaxed minds. Our children's tranquillity practices are techniques that encourage and develop concentration, clarity and self-esteem. They are also a vehicle to calmly see the true nature of things. We practice</p>	A large proportion of KS1 and 2 children have accessed yoga including year 5 and 6 boys. We now run a group of eight boys and another group of twenty three children from KS1 and girls from KS2. We have seen an improvement in the core strength of most of the children and the majority are able to hold key yoga poses and positions for a sustained amount of time. They recently participated in an intra competition against each other where their poses were timed. Some the pupils were able to hold these poses for 2-3 minutes. This demonstrated a huge

		<p>visualisation which is used at the end of meditation in some of our classes.</p> <p>Mindfulness meditation</p> <p>Mindfulness is a form of mediation. It is simply 'awareness' or 'paying attention on purpose'. The main aim of our mindfulness techniques is to help our children calmly acknowledge and accept their feelings, thoughts and bodily sensations. In a rapidly changing modern world, this is a critical skill children need to learn. Used in collaboration with stories, the mindfulness techniques are used to nurture the whole child; physically, mentally and emotionally.</p>	<p>amount of progress as all of the pupils were unable to hold any of the poses.</p> <p>At first all pupils struggled to settle and listen to the softly spoken words from the mindfulness app. However this is something that is now requested by most of the pupils as they seem to cherish this quiet time where they can focus on themselves. Mindfulness has increased the time that pupils are able to stay calm and quiet, they have developed their breathing techniques and some of these skills have been transferred into both the classroom and on the yard.</p>
After School Clubs – Football, Boxing	£500.00	Provide pupils with opportunities to develop personally, socially and physically through participating in extra- curricular activities in a safe, challenging and enjoyable environment. Enable pupils to take responsibilities for organization and development of their learning.	Children’s skills, abilities and confidence developed. Increased physical activity. Participated in snowball league cup and other inter-school competitions and events.
Purchase of PE equipment : badminton racquets	£152.00	Develop physical activity at break and lunch times. Ensure pupils have access to quality equipment to develop a range of skills during PE sessions and after school clubs.	Created more opportunities for KS1 & 2 children to develop balance, control, spacial awareness and sense of enjoyment during play time and Physical Education lessons.
Purchase of Team Kit.	£317.00	Provide children with an experience of feeling proud to be chosen to represent the school and encourage team spirit.	Sense of enjoyment, pride and achievement in representing the school.