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THE TRANQUIL FAMILY WORKSHOP



A full-day workshop of practical and positive parenting skills. We will look at how to deepen the connection with your child, understand their behaviour, become more mindful and purposeful in your parenting and use your power to create a tranquil home.

**SUNDAY 22ND SEPTEMBER,
THE SEA HOTEL, SOUTH SHIELDS**

MORE DETAILS AT:
WWW.THETRANQUILTREEHOUSE.COM
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WORKSHOP

